

# JOG Schedules

## TWO-DAY JOG

### NOTE

Two-Day JOGs include five sessions, offering the maximum amount of stories and time to reflect and respond.

### Day 1

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2:00 pm	<b>Session 1</b>	<b>1 hr 45 min.</b>	pages 6-13
3:45 pm	<b>Break</b>		
4:00 pm	<b>Session 2</b>	<b>1 hr 30 min.</b>	pages 14-19
5:30 pm	<b>Dinner</b>		
7:00 pm	<b>Session 3</b>	<b>1 hr 15 min.</b>	pages 20-23
Overnight	<b>30 Questions</b>		pages 24-29

### Day 2

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8:00 am	<b>Breakfast</b>		
8:30 am	<b>Session 4</b>	<b>1 hr 30 min.</b>	pages 30-39
10:00 am	<b>Break</b>		
10:15 am	<b>Session 5</b>	<b>1 hr 30 min.</b>	pages 40-44
11:45 am	<b>Close</b>		

### STICK TO THE SCHEDULE

- Trust the process. The Holy Spirit will do what He does. We don't need to force it.
- Stick to break times to add stability to this abstract experience.

## ONE-DAY JOG

### NOTE

To allow flexibility, we offer a One-Day JOG that includes four sessions. You will be guided to skip Session 3 as you work through this booklet.

### Day 1

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8:30 am	<b>Session 1</b>	<b>1 hr 45 min.</b>	pages 6-13
10:15 am	<b>Break</b>		
10:30 am	<b>Session 2</b>	<b>1 hr 30 min.</b>	pages 14-19
12:00 pm	<b>Lunch</b>		
	<b>30 Questions</b>		pages 24-29
1:15 pm	<b>Session 4</b>	<b>1 hr 30 min.</b>	pages 30-39
2:45 pm	<b>Break</b>		
3:00 pm	<b>Session 5</b>	<b>1 hr 30 min.</b>	pages 40-44
4:30 pm	<b>Close</b>		

## ADDITIONAL RESOURCES

Story Discussion Questions	pages 56-64
Alternate Late-Start Agenda	page 65
Our Neutral Platform	pages 66-67
Principles of Facilitation	pages 68-70

- ✚ Write estimated start and stop times near the Overview section at the beginning of each session.

# Alternate Late-Start Agenda

## Day 1

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5:00 pm	Dinner		
6:00 pm	Session 1	1 hr 45 min.	pages 6-13
7:45 pm	Break		
8:00 pm	Session 2	1 hr 30 min.	pages 14-19
Overnight	30 Questions		pages 24-29

## Day 2

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8:00 am	Breakfast		
8:30 am	Session 4	1 hr 30 min.	pages 30-39
10:00 am	Break		
10:15 am	Session 5	1 hr 30 min.	pages 40-44
11:45 am	Close		