

# Session 6

## SESSION 6 AT A GLANCE

- Discussion
- Video #1 & Discussion
- Reflection & Discussion



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FOR LEADER  
INFORMATION  
& LINKS

## WELCOME & DISCUSSION 15 minutes

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**Welcome** the group and **pray** for your experience together.

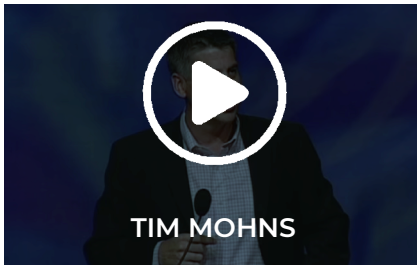
**Ask a few people to share** about their **'Tune In' Challenge**.

### DISCUSSION QUESTIONS

What did you notice? Describe your experience of listening and responding.

## VIDEO # 1 & DISCUSSION 20 minutes

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Play the video **Tim Mohns** (15 minutes).

**Discuss the Story** (5 minutes).

### DISCUSSION QUESTIONS

- What stood out to you?
- What do you think about Tim's six-month lifestyle experiment?

## LISTENING & DISCUSSION 15 minutes

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**Read below** to prepare the group for a time of listening:

Tim talked about his time on the treadmill each morning, saying, “I spent 15 minutes in a listening posture before God, asking Him, ‘What do you want me to do with this stuff that’s piling up over here?’ And that’s where the adventure really began.” We want to create some space right now for you to enter that listening posture and experience the adventure that Tim talks about.

We will spend the next 10 minutes in silence to listen to what God is telling each of us. If there is space, I encourage you to spread out and find a comfortable seat.

If the group is using hard copies of the **Session 6 Handout**, **pass it out** now and read the three instructions:

**ASK** | Ask the Holy Spirit to speak to you as we conclude this experience.

**LISTEN** | Spend some time sitting in silence and consider taking notes as you listen.

**OBEY** | How do you sense the Holy Spirit leading you to respond?

## CLOSING 10 minutes

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**Ask the group to share** what God has shown them during their experience.

### SURVEY

Before we wrap up our time together, we are going to take a quick survey about this 6-week experience. Generous Giving greatly values your feedback because it helps them improve this experience for others, and they love to hear how it impacted your life. Please take out your phone and scan the QR code I will pass around to complete the survey.

### *Participant Survey*



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### *Leader Survey*



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**Close in prayer.**